

10TH ANNUAL ATHLETIC + FUNDRAISING COMPETITION SUPPORTING PORTLAND COMMUNITY SQUASH



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BORN CUP: TOP TEAM EVENTS
COASTAL CUP: TOP TEAM FUNDRAISING
SPAULDING CUP: TOP INDIVIDUAL
FUNDRAISER

HOW TO REGISTER



Go to the Coastal Challenge <u>Link</u>





Click "I Want To Fundraise For This"



MAKE A DONATION





Click "Join A Team" Select Your Team





Scroll Down + Click



Create an Account



\$250

\$500

\$1,000



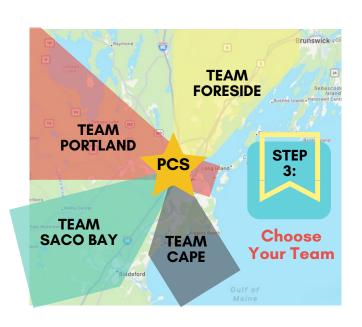


Check Your Email to Confirm Your Account



Edit Your GiveLively Fundraising Page





SWAG + EVENTS



MORE DONORS, MORE SWAG

Competition Ends September 20th



DONORS



DRAWSTRING BAG

1 donation on your fundraising page for limited edition bag.





LONGSLEVE SHIRT

5 donations on your fundraising page for limited edition shirt.





WINTER HAT

10 donations on your fundraising page for limited edition hat.







ATHLETIC QUARTER ZIP

15 donations on your fundraising page for limited edition pull-over.





SQUASH RACQUET

20 donations on your fundraising page for a squash racquet.

MORE MONEY, MORE EVENTS

Competition Ends October 10th



BACK COVE COMMUNITY WALK

Join us at Portland Community Squash from 9 am - 1 pm on Saturday, October 14th.





PICKLEBALL TOURNAMEN

Join us at Foreside Fitness from 5:30 - 8:30 pm on Friday, October 13th. (60 person limit)



SOUASH TOURNAMENT

Join us at Portland Community Squash from 9 am - 1 pm on Saturday, October 14th. (40 person limit)





PADDLE TENNIS TOURNAMEN

Join us at Portland Country Club from 3 - 6 pm on Sunday, October 15th. (16 person limit)



GOLF TOURNAMENT

Join us at Portland Country Club from 3 - 6 pm on Sunday, October 15th. (12 person limit)







\$1,000

\$2,000

FUNDRAISING GUIDE







Post Your Page on Social Media

Include one of the PCS Videos:

- A Matter of Community
- <u>Coastal Challenge</u>
- 100 Scholarships

Follow-Up Your Post with Texts + Direct Messages

Donors don't respond to mass messages. They are waiting for a personal message from you.



Email Language

This year, I am participating in the tenth annual Portland Community Squash (PCS) Coastal Challenge, a peer-to-peer fundraising tournament that supports this up-and-coming multigenerational and multicultural community center in the heart of Portland.

Program Facts

During the 2022 school year, PCS offered 500 hours of squash instruction; 200 hours of academic support; 100 hours of yoga, fitness, cooking, and critical conversations; 700 hours driving vans; and 765 hours of advisor work for students and families in the community. Since partnering with the PEAR Institute at Harvard Medical School, the data shows our programs have positively impacted all social-emotional development areas within the Holistic Student Assessment. The largest areas of growth are academic motivation, action orientation, critical thinking, and assertiveness.





OCTOBER 13TH @ FORESIDE FITNESS

Meet at Foreside Fitness at 5:00 PM. If you have a partner, email lucas@pcsquash.com; otherwise, we will find a partner for you. If your team wins your draw, you will each earn one point towards the Born Cup. (60 person limit)



OCTOBER 14TH @ PCS

Meet at Portand Community Squash at 9 AM. The walk around back cove is four miles. Participants do not have to complete the full loop. Meet back at PCS for music and food.



OCTOBER 14TH @ PCS

Meet at Portland Community Squash at 9 AM. You will compete as an individual in a draw with similarly skilled players. If you win your draw, you will earn one point toward the Born Cup. (40 person limit)



OCTOBER 15TH @ PCC

Meet at Portland Country Club at 3 PM. If you have a partner, email lucas@pcsquash.com; otherwise, we will find a partner for you. If your team wins your draw, you will each earn one point towards the Born Cup. (16 person limit)



OCTOBER 15TH @ PCC

Meet at Portland Country Club at 3 PM. Four groups will play nine holes of best ball. After the round, enjoy drinks and food at the club house. If your team wins the tournament, each player will earn one point towards the Born Cup. (12 person limit)